

UK MALNUTRITION AWARENESS WEEK 2025



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AWARENESS
WEEK

#UKMAW2025

WHAT IS UKMAW?

SINCE 2018, UKMAW (LED BY BAPEN & THE MALNUTRITION TASK FORCE) HAS UNITED HEALTH AND CARE SERVICES TO RAISE AWARENESS, SPOT MALNUTRITION EARLY, AND SHARE PRACTICAL TOOLS.

WHY IS IT IMPORTANT?

MALNUTRITION AFFECTS 3M+ PEOPLE IN THE UK, OFTEN UNNOTICED. IT WORSENS HEALTH, EXTENDS HOSPITAL STAYS, AND COSTS THE NHS £23.5BN A YEAR. SIMPLE STEPS – ASK, LOOK, LISTEN – CAN HELP.

HOW CAN YOU HELP?

UNIVERSITIES PLAY A KEY ROLE BY EMBEDDING MALNUTRITION AWARENESS INTO TEACHING AND CAMPUS LIFE, USING RESOURCES AND ACTIVITIES TO EQUIP FUTURE HEALTHCARE PROFESSIONALS AND STRENGTHEN A NATIONAL MOVEMENT.

LEARN MORE

SCAN ME!



ASK



LOOK



LISTEN



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